

SOUTH AUSTRALIAN Building Industry Redundancy Scheme Trust

BIRST's got your back
– fast payouts, real
support, SA proud

www.birst.com.au
08 8373 0122



**SOUTH
AUSTRALIA**





Proudly South
Australian –
keeping your
money where
it matters

BIRST offers
**PERSONAL ACCIDENT
AND SICKNESS COVER**
to SA employers and
their employees –
for full details, call
(08) 8373 0122

We've got you covered

As an active financial member, you are entitled to the following insurance at no extra cost above your employer's contributions:

- Journey accident cover
- Emergency transport cover*
- Funeral cover*.

* For you, your spouse and dependants. Learn about the group insurance at <https://www.birst.com.au/benefits.htm>

BIRST

SA FUND.
SA JOBS.
SA SUPPORT.

We've had SA construction workers' backs since 1989. That's over 36 years of keeping your money local, growing your fund right here in SA – so it's ready when you need it most.

Fast payouts – your money in 1–2 days



Lost your job? We get your redundancy pay to you in just 1–2 business days. That means you're back on your feet, quick smart. No waiting around, no delays, no drama. **It's your money. You should have it when you need it.**

It's your fund, so it's your choice



It is your right to choose your redundancy fund. We advocate for choice in your EBA, much like your right to choose your superannuation fund.

Proudly supporting MATES SA



We're a major funding partner of MATES in Construction SA, helping make 24/7 mental health support and suicide prevention training free and available to every construction worker. **You don't have to be a BIRST member to get help – we fund it because we care.**

Your money's always here



We don't and never will charge fees, even if your account is inactive. **Your money's safe with BIRST.**

South Aussie through and through



We've been here since 1989 – and every cent put in stays right here in SA, supporting local workers, families and communities. **Local fund, local workers, local support – that's BIRST.**



MATES in Construction SA – funded by BIRST

BIRST is proud to be a major funding partner of MATES in Construction SA, who provide vital support to all South Australian construction workers and their families. Unlike some funds, BIRST ensures the following essential services are free to everyone in the SA construction industry, because looking after your mental health and wellbeing is just as important as looking after your money.

Support services

- **24/7 Helpline – 1300 642 111:** Free, confidential support available anytime – for workers and their immediate families.
- **Case management:** Personalised support for workers doing it tough. Case Managers provide ongoing assistance, referrals, and a safe space to talk things through.
- **Counselling support:** Free professional counselling sessions are available through the MATES case management process for workers and their immediate families.

Critical incident support

- **Onsite support** following a suicide, serious injury, fatality, or other traumatic event.
- **Tailored support** for workers, supervisors and leadership.
- **Case Managers** aim to stabilise the site, reduce risk, and support wellbeing after a critical event.

- **Training support through MATES Respond** – a training program designed to equip frontline leaders and managers with the skills to support their teams after a critical incident.

Training and awareness

Your wellbeing matters and MATES SA offers tiered training to support you and your mates.

- **Toolbox Talks** are short sessions aimed at starting conversations about mental health and suicide prevention to build awareness across teams.
- **General Awareness Training** introduces the topics of mental health, suicide prevention, and how to look out for your mates.
- **Connector Training** for workers who want to step-up and safely support a mate in crisis and connect them to help.
- **Applied Suicide Intervention Skills Training** teaches advanced suicide intervention skills to workers in key support roles.

**South Australian Building Industry
Redundancy Scheme Trust (BIRST)**
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MATES
IN CONSTRUCTION

Major funding partner of
MATES in Construction SA